

CANCER PATIENT SUPPORT SERVICES

at the VERMONT CANCER CENTER AT FLETCHER ALLEN

Resources

CANCER PATIENT SUPPORT PROGRAM EMERGENCY FUND

Coordinator: Stephanie Fraser, M.S.W. (802) 847-3234

NUTRITIONAL COUNSELING

Contact: Jennifer May, R.D., C.D. (802) 847-4649

PSYCHOLOGICAL CONSULTATION SERVICES FOR CANCER PATIENTS & FAMILIES

Contact: Rose Colletti, Ph.D. or Kathleen McBeth, M.A.
(802) 847-4848

HEALING YOGA

For those touched by cancer, at any stage of illness or recovery, and for all ages

When: Tuesdays, 2:00 PM-4:00 PM and 5:15 PM-7:00 PM
Thursdays, 9:00 AM-11:00 AM

Call: Theora Ward, M.E.D., R.N., C.K.Y.T. (802) 482-5455
for details and to register

HELPING HANDS MASSAGE THERAPY

Chair massage therapy for cancer patients before and during treatments

When: Wednesday-Friday (outpatients);
2 Saturdays per month (inpatients)

Time: 9:00 AM-12 Noon

Where: Hematology/Oncology Clinic at Fletcher Allen

Call: Cindy at 434-7661 or for an appointment

EXERCISE FOR PATIENTS WITH HEMATOLOGIC MALIGNANCY

Coordinator: Kim Dittus, M.D. (802) 847-8400

A small trial and pilot exercise intervention to determine if physical therapy, nursing, and medical services can coordinate care to provide a safe, effective exercise intervention.

PERSON-TO-PERSON

Coordinator: Kathleen McBeth, M.A. (802) 847-5715

This is a mentoring and support program for newly diagnosed patients and their caregivers.

POST-THROMBOTIC SYNDROME EDUCATION

Coordinator: Chris Holmes, M.D. (802) 847-8400

An educational and treatment program for hematology patients at risk for or suffering from post-thrombotic syndrome.

The American Cancer Society offers many free support resources for cancer patients, including those listed below. Please call cancer information specialists at 1-800-227-2345 or visit www.cancer.org for a complete listing of resources.

- Free Wigs, Turbans, and Other Products for Women with Cancer
- Transportation to Treatment: Road to Recovery
- Lodging during Treatment: Hope Lodge
- One-on-One Patient-Survivor Breast Cancer Support: Reach to Recovery
- Helping with Appearance-Related Side Effects of Treatment: Look Good...Feel Better
- Prostate Cancer Support: Man-to-Man

HEALTHSOURCE COMMUNITY EDUCATION SERIES

This educational series offers free, low-cost classes on women's health, self-care, and many other health-related topics. To learn more, please call Community Health Improvement at Fletcher Allen at (802) 847-2278 or visit www.fletcherallen.org/classes.



Vermont's Academic Medical Center



The Victoria Buffum Endowment proudly supports programs and services for cancer patients at Fletcher Allen.

CANCER PATIENT SUPPORT SERVICES

at the VERMONT CANCER CENTER AT FLETCHER ALLEN

Support Groups

Please contact the support group facilitator if you are attending for the first time and need directions to the location.

COPING TOGETHER SUPPORT GROUP

For women diagnosed with breast cancer

When: 12-week group, days and times decided for each group

Where: Call for location

Call: Rose Colletti, Ph.D. at (802) 847-4848

GETTING BACK TO HEALTHY

A nutritional support group for breast cancer patients

When: Please call for details.

Where: Frymoyer Community Health Resource Center, Fletcher Allen ACC, Level 3

Call: Jennifer May, R.D., C.D. at (802) 847-4649

LEUKEMIA, LYMPHOMA, MYELOMA FAMILY SUPPORT GROUP

When: 1st Wednesday of the month

Time: 6:00 PM-7:30 PM

Where: Call for location and directions

Call: Rose Colletti, Ph.D. at (802) 847-4848

THE METS HOPE CHEST

Support for women with Stage IV breast cancer

Call: Rose Colletti, Ph.D. at (802) 847-4848

CAREGIVER LUNCHEON

When: 4th Tuesday of the month

Time: 12:00-1:30 PM

Where: Hope Lodge, 237 East Avenue

Call: Kathleen McBeth, M.A. at (802) 847-4848 to R.S.V.P. supported by the American Cancer Society and the Cancer Patient Support Program

SURVIVOR/CAREGIVER LUNCHEON

When: 2nd Monday of the month

Time: 12:00-1:30 PM

Where: Hope Lodge, 237 East Avenue

Call: Kathleen McBeth, M.A. at (802) 847-4848 to R.S.V.P. supported by the American Cancer Society and the Cancer Patient Support Program

MULTIPLE MYELOMA SUPPORT GROUP

When: 3rd Tuesday of the month

Time: 5:00 PM-6:30 PM

Where: Call for location and directions

Call: JoAnn Nielson, R.N. at (802) 847-5649

WOMEN'S CANCER SUPPORT GROUP

For women with any type of cancer

When: 1st and 3rd Tuesdays of the month

Time: 5:00 PM-6:30 PM

Where: Frymoyer Community Health Resource Center, Fletcher Allen ACC, Level 3

Call: Rose Colletti, Ph.D. at (802) 847-4848

YOUNG SURVIVOR'S SUPPORT GROUP

Call: Kathleen McBeth, M.A. at (802) 847-4848 for information

SURVIVORSHIP SUPPORT AND EDUCATION

An educational resource program for survivors.

Consultation for development of "Survivor Documents" and plans for follow-up care.

Coordinator: Sue Allen, M.S., A.P.R.N. at (802) 847-8400

Frymoyer Community Health Resource Center at Fletcher Allen

The Frymoyer Community Health Resource Center offers many resources for cancer patients and their loved ones. The Center can assist with accessing accurate and reliable information on diagnosis, treatment, and coping, as well as the latest research and clinical trials. Books and journals are available as well as internet access for conducting online research.

Location: Level 3, Main Pavilion, Ambulatory Care Center, Medical Center Campus, Fletcher Allen

Hours: Monday-Thursday, 9 AM-5:30 PM; Friday, 9 AM-5 PM

Contact: Call 802-847-8821 or e-mail resourcecenter@vtmednet.org